

## MALE HEALTH CHECK-UP

Rs. 17620/-

- Total systemic examination
- Complete blood count: Hb, TLC, DLC, RBC, PCV, Hct, MCH, MCHC, Platelets and ESR
- Lipid profile
- Blood group and Rh typing
- Blood sugar (fasting/pp)
- Blood urea
- S. Creatinine
- Uric acid
- LFT
- X-Ray chest
- ECG
- Echocardiography & TMT
- Urine routine examination
- Abdominal ultrasound (upper & lower)
- Glycosylated haemoglobin (Hb A1 C)
- T3, T4, TSH
- Pulmonary function test (PFT)
- Prostate specific Antigen PSA
- Vitamin B12
- Stool Occult Blood
- Magnesium
- Folic Acid
- 25 on Vitamin D Levels
- Final assessment report

## ADVANCE WOMAN FOR FEMALE (RS. 19430/- WITH 3D MAMMO)

- Total Systemic Examination
- CBC, DLC, ESR
- Lipid Profile
- Blood Group and RH typing
- Blood Sugar (FBS, PPBS, Hba1c)
- Blood Urea
- S. Creatinine,
- Uric Acid,
- LFT
- Chest X-Ray
- ECG, Echocardiography, TMT
- Urine Routine Examination
- Abdominal Ultrasound
- Glycosylated Haemoglobin (Hbalc)
- T3, T4, TSH
- Pulmonary Function Test(PPT)
- LBC
- Vitamin B12
- Vitamin D
- Folic Acid
- 3D Mammography (Add on)
- Final Assessment Report

## POLYCYSTIC OVARIAN SYNDROME/ ACNE/IRREGULAR PERIODS.

Rs. 11470/-

- CBC
- Dhea-s.
- Serum Prolactin.
- Glycosylated Haemoglobin. Hba1c.
- Free Testosterone
- Total Testosterone.
- T3 T4 Tsh.
- Urine Routine And Microscopy.
- Ultrasound Whole Abdomen and Pelvis.
- Lipid Profile.

## (WELLNESS PACKAGES)

### AYURVEDIC MASSAGE & TREATMENTS

- Kati Basti..... 800/-
- Griva Basti..... 800/-
- Garbhashay Basti..... 800/-
- Netra basti..... 800/-
- Hriday basti..... 800/-
- Simple Oil massage Lower and Upper Back plus Legs..... 2000/-
- Hot stone massage therapy..... 2500/-
- Massage & Infrared Therapy..... 3000/-
- Massage & Using Vibrator machine..... 3000/-
- Foot Reflexology with Reflexology Tools..... 500/-

# Sir Ganga Ram Hospital

## Preventive Health and Wellness Department



It is best suggested to be on an empty stomach prior to the Health Check (10-12 hours fasting)  
Timing 9.00 - 5.00 p.m.

Breakfast/Lunch according to the time shall be provided.

For report collection next day  
Timing 3.30 p.m. - 4.30 p.m.

### Dr. Sonia Rawat

Director, Senior Consultant

### Dr. Anshu Mittal

Consultant



## Sir Ganga Ram Hospital

Sir Ganga Ram Hospital Marg, Rajinder Nagar, New Delhi-110060, INDIA

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Website : www.sgrh.com

healthcheckupatsgrh

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One Stop for all your Investigations

For Appointments call on :-  
42251735, 42251753, 42251752

## HEALTH CHECK PROGRAM

### Routine Medical Check Up

Rs. 2040/-

- Total Systemic examination
- Complete Blood Count: TLC, DLC, RBC, PCV, Hct, MCH, MCHC, Platelets & ESR
- Blood group and Rh typing
- Blood sugar (fasting/pp)
- Blood cholesterol
- Blood urea
- S. Creatinine
- Urine routine examination
- ECG
- X-Ray chest
- Final assessment report

### Executive Health Check Up

Rs. 5950/-

- Total Systemic examination
- Complete blood count: Hb, TLC, DLC, RBC, PCV, Hct, MCH, MCHC, Platelets and ESR
- Blood group and Rh typing
- Blood sugar (fasting/pp)
- Lipid profile
- Blood urea
- S. Creatinine
- ECG
- Uric Acid
- LFT
- X-Ray chest
- Urine routine examination
- TMT
- Final assessment report

### COMPREHENSIVE CARDIAC CHECK UP

Rs. 8000/-

- Total systemic examination
- Complete blood count: Hb, TLC, DLC, RBC, PCV, Hct, MCH, MCHC, Platelets and ESR
- Blood group and Rh typing
- Blood sugar (fasting/pp)
- Lipid profile
- Blood urea
- S. Creatinine
- ECG
- X-Ray chest
- Uric Acid
- LFT
- Urine routine examination echo & TMT
- Abdominal ultrasound (upper & lower)
- Final assessment report

### WHOLE BODY CHECK UP MALE/FEMALE Rs. 12050/-/Rs. 16220/-

- Total systemic examination
- Complete blood count: DLC, & ESR
- Lipid profile
- Blood group and Rh typing
- Blood sugar (fasting/pp)
- Blood urea
- S. Creatinine
- Uric acid
- LFT
- X-Ray chest
- ECG
- Echocardiography, TMT
- Urine routine examination
- Abdominal ultrasound (upper & lower)
- Glycosylated haemoglobin (Hb A1 C)
- T3, T4, TSH
- Pulmonary function test (PFT)
- Prostate specific Antigen PSA (for Men) or pap smear and Mammography (for Women)
- Final assessment report

\* Plus add Rs. 2100/- if you need HBsAg, HCV

### CARDIAC & LIVER

Rs. 9300/-

- CBC, ESR, Blood Group
- Sugar F & PP
- BUN, S. Creatinine, Uric Acid
- LFT
- Lipid Profile
- Urine R/M
- ECG, Echocardiography, TMT
- Chest X-Ray
- Whole abdomen & P/vis Ultrasound
- HCV Monitor, Hbsag, Hepatitis C

## HEALTH CHECK PROGRAM SCHEMES

### Screening for obesity

Rs. 12560/-

- Thyroid T3 T4 Tsh.
- CBC
- Usg Whole Abdomen. And Pelvis.
- RFT
- Uric Acid.
- Lipid Profile.
- Serum Lh Random.
- Serum Fsh. Random .
- Serum Prolactin.
- Glucose Fasting And Pp.
- Glycosylated Haemoglobin.
- Insulin Levels Fasting And PP.
- C Peptide Test.
- LFT
- Urine Routine And Microscopy.

### MENOPAUSAL PLAN.

Rs. 25290/-

- Serum FSH
- Total cholesterol
- Serum Oestradiol E2 Random
- T3 T4 TSH
- Calcium
- Phosphate
- CBC
- Glycosylated Haemoglobin (HbA1C).
- LBC
- Ca125
- BMD
- LFT
- Renal Biochemical Profile
- Basic
- Treadmill Test
- Echocardiogram With Doppler
- Glucose Random
- Ultrasound Whole Abdomen And Pelvis
- Bilateral Mammography

### HEALTH CHECKS FOR WOMEN

Rs. 13980/-

- CBC
- Glucose--- Fasting and PP
- Glycosylated Haemoglobin
- LIPID Profile
- RFT
- LFT
- T3 T4 TSH
- Ca125
- ECG
- Urine Examination Routine/ Microscopy
- Xray Chest
- Vaginal/ Cervical Cytology By Liqid Base Cytology
- HPV-DNA High Risk Cervical Sample
- Ultrasound Whole Abdomen And Pelvis

### THYROID PLAN

Rs. 6380/-

- CBC
- Free T3
- Free T4
- TSH
- Ultrasound Thyroid
- Thyroid Antibodies

### PULMONARY CHECK UP

Rs. 13520/-

- CBC
- Immunoglobulin.IGE
- Stool examination routine and microscopy
- BUN
- Serum Creatinine
- SGOT
- SGPT
- Xray Pns
- Total Cholesterol
- Thyroid Profile T3 T4 Tsh
- Spirometry- Lung Function Tests
- Urine Examination Routine/ Microscopy
- Xray Chest
- ECG
- Treadmill Test
- Echocardiogram
- Glucose Fasting And PP

### HYPERTENSION PROFILE

Rs. 9640/-

- CBC With Erythrocyte Sedimentation Rate.
- Glucose Fasting And PP.
- ECG.
- Lipid Profile.
- Ultrasound whole abdomen and pelvis.
- Echo with Doppler
- RFT

### BONE AND JOINT CONSULTATION.

RS 11400 MALES AND RS 12950 IN FEMALES

- CBC
- Thyroid Profile T3 T4 Tsh
- Glycosylated Haemoglobin
- Calcium
- Phosphorus
- 25-oh Vitamin D Levels
- ALP
- Serum Fsh
- PTH Level
- Uric Acid
- CRP
- Anti CCP
- Rheumatoid Factor
- Anti Nuclear Antibodies- Female

### OSTEOPOROSIS PLAN

Rs. 13890/-

- CBC.
- Alkaline Phosphatase
- Anti CCP
- CRP.
- Calcium.
- Phosphorus
- 25oh Vitamin D Levels.
- Dexa Three Site Bone Densitometry.
- Vitamin B 12 Levels.
- Uric acid

### HEADACHE

Rs. 7410/-

- Complete Blood Count.
- Glucose Fasting And Post Prandial.
- Blood Pressure.
- Vitamin B12.
- RFT
- Computerised Tomography Head Plain.
- TSH

### NEUROPATHY PROFILE

Rs. 8740/-

- Vitamin B 12.
- Glycosylated Haemoglobin.
- Renal Biochemical Profile- Complete.
- Liver Function Tests.
- Thyroid Profile T3 T4 Tsh.
- NCV / Nerve Conduction Studies.

### SENIOR CITIZEN

Male 3660/- and Rs 4200/- Females

Recommended for all above 60 years of age

- Total systemic examination
- Complete blood count: Hb, TLC, DLC, RBC, PCV, Hct, MCH, MCHC, Platelets and ESR
- Blood group and Rh typing
- Blood sugar (fasting/pp)
- Blood urea
- Uric Acid
- S. Creatinine
- Urine routine examination
- ECG
- Blood cholesterol
- Abdominal ultrasound (upper & lower)
- Prostate specific Antigen PSA (for Men) or pap smear (for Women)
- Final assessment report
- X-ray chest

### PRE-EMPLOYMENT CHECK UP

Rs. 1080/-

- Blood sugar
- Urine routine examination
- X-Ray chest
- Complete blood count: Hb, TLC, DLC, RBC, PCV, Hct, MCH, MCHC, Platelets & ESR
- Final assessment report