

SENIOR CITIZEN

Male Rs. 3130/- and Females Rs. 3590/-

Recommended for all above 60 years of age

- Total Systemic examination
- Complete Blood Count: Hb, TLC, DLC, RBC, PCV, Hct, MCH, MCHC, Platelets & ESR
- Blood Group and RH typing
- Blood sugar (fasting/pp)
- Blood urea
- Uric Acid
- S. Creatinine
- Urine routine examination
- ECG
- Screening X-ray chest
- Blood cholesterol
- Abdominal ultrasound (upper & lower)
- Prostate specific Antigen PSA (for Men) or pap smear (for Women)
- Eye & ENT check up
- Final assessment report

PRE EMPLOYMENT CHECKUP Rs. 920/-

Recommended for candidates seeing placements

- Blood sugar
- Urine routine examination
- X-Ray chest
- Complete Blood Count: Hb, TLC, DLC, RBC, PCV, Hct, MCH, MCHC, Platelets & ESR
- Final assessment report

VITAMIN PROFILE

Rs. 4470/-

- Vitamin B12
- Folic Acid
- Vitamin D

MALE HEALTH CHECK-UP

Rs. 15070/-

- Total Systemic examination
- Complete Blood Count: Hb, TLC, DLC, RBC, PCV, Hct, MCH, MCHC, Platelets & ESR
- Lipid Profile
- Blood Group and RH typing
- Blood sugar (fasting/pp)
- Blood urea
- S. Creatinine
- Uric Acid
- LFT
- X-ray chest
- ECG
- Echocardiography & TMT
- Urine examination (Routine)
- Abdominal ultrasound (upper & lower)
- Glycosylated haemoglobin (Hb A1 C)
- T3, T4, TSH
- Pulmonary function test (PFT)
- Prostate specific Antigen PSA
- Vitamin B12
- Stool Occult Blood
- Magnesium
- Folic Acid
- 25 on Vitamin D Levels
- Final assessment report
- 25 (oH)

For prior appointment
Room No. F-52, F-53
Call- 42251735, 42251752, 42251753

It is best suggested to be on
an empty stomach prior to
the Health Check.
Timing 8.00 - 5.00 p.m.

Breakfast shall be provided.
For report collection next day
Timing 3.00 p.m. - 4.00 p.m.

Dr. Sonia Rawat

Director, Senior Consultant

Dr. Kanika Chandra

Associate Consultant



Sir Ganga Ram Hospital

Sir Ganga Ram Hospital Marg, Rajinder Nagar, New Delhi 110060, INDIA

Tel: 91-11- 42251735, 42251752, 42251753

Website: www.sgrh.com

All Packages will have screening for EYE / ENT
and Dental Assessment

Hospital

Sir Ganga Ram

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Preventive Health and
Wellness Department

Health Check Program

For Good Health and Happy Living

HEALTH CHECK PROGRAM HEALTH CHECK PROGRAM SCHEMES

Routine Medical Check Up

Rs. 1740/-

- Total Systemic examination
- Complete Blood Count: TLC, DLC, RBC, PCV, Hct, MCH, MCHC, Platelets & ESR
- Blood Group and RH typing
- Blood sugar (fasting/pp)
- Blood cholesterol
- Blood urea
- S. Creatinine
- Urine routine examination
- ECG
- X-Ray chest
- Final assessment report

Executive Health Check Up

Rs. 5090/-

Recommended for all office Executives

- Total Systemic examination
- Complete Blood Count: Hb, TLC, DLC, RBC, PCV, Hct, MCH, MCHC, Platelets & ESR
- Blood Group and Rh typing
- Blood sugar (fasting/pp)
- Lipid profile
- Blood urea
- S. Creatinine
- ECG
- Uric Acid
- LFT
- X-Ray chest
- Urine routine examination
- TMT
- Final assessment report

Comprehensive Cardiac Check Up

Rs. 6840/-

Recommended for those who have cardiac symptoms

- Examination
- Complete Blood Count: Hb, TLC, DLC, RBC, PCV, Hct, MCH, MCHC, Platelets & ESR
- Blood Group and Rh typing
- Blood sugar (fasting/pp)
- Lipid profile
- Blood urea
- S. Creatinine
- ECG
- Uric Acid
- LFT
- X-Ray chest
- Urine routine examination Color Doppler echo & TMT
- Abdominal ultrasound (upper & lower)
- Final assessment report

Whole Body Check Up Male

Rs. 10310/-

Whole Body Check Up Female

Rs. 12170/-

- Total systemic examination
- Complete Blood Count: Hb, TLC, DLC, RBC, PCV, Hct, MCH, MCHC, Platelets & ESR
- Lipid profile
- Blood Group and Rh typing
- Blood sugar (fasting/pp)
- Blood urea
- S. Creatinine
- ECG
- Uric Acid
- LFT
- X-Ray chest
- Echocardiography
- Treadmill Test
- Urine routine examination
- Abdominal ultrasound (upper & lower)
- Glycosylated haemoglobin (Hb A1 C)
- T3, T4, TSH
- Pulmonary function test (PFT)
- Prostate specific Antigen PSA (for Men) or pap smear and Mammography (for Women)
- Eye & ENT check up
- Final assessment report

Screening for obesity

Rs. 10730/-

- Thyroid T3 T4 Tsh.
- CBC
- Usg Whole Abdomen. And Pelvis
- Renal Biochemical Profile-basic
- Uric Acid
- Lipid Profile
- Serum Lh Random.
- Serum Fsh Random.
- Serum Prolactin.
- Glucose Fasting And Pp.
- Glycosylated Haemoglobin
- Insulin Levels Fasting And PP
- C Peptide Test
- LFT
- Urine Routine And Microscopy

Polycystic ovarian syndrome acne/irregular periods

Rs. 9800/-

- CBC
- Dhea-s.
- Serum Prolactin.
- Glycosylated Haemoglobin. Hba1c
- Free Testosterone
- Total Testosterone
- T3 T4 Tsh
- Urine Routine And Microscopy
- Ultrasound Whole Abdomen And Pelvis.
- Lipid Profile.

Infection screening Male Rs. 4210 & Females Rs. 4420/-

- CBC
- Glucose Fasting And PP.
- Routine Culture And Sensitivity-
- Urethral In Males / Paps In Females
- Urine Routine
- HIV
- HBsAgAustralia antigen.
- Hepatitis C virus serology antibody test
- VDRL

Menopausal Plan.

Rs. 21630/-

- Serum FSH
- Total cholesterol
- Serum Oestradiol E2 Random
- T3 T4 TSH
- Calcium
- Phosphate
- CBC
- Glycosylated Haemoglobin (HbA1C)
- LBC
- CA125
- BMD
- LFT
- Renal Biochemical Profile Basic
- Treadmill Test
- Echocardiogram with Doppler
- Glucose Random
- Ultrasound Whole Abdomen And Pelvis
- Bilateral Mammography

Health checks for Women

Rs. 11940/-

- CBC
- Glucose---Fasting and PP
- Glycosylated Haemoglobin
- LIPID Profile
- RFT
- LFT
- Renal Biochemical Profile Complete
- T3 T4 TSH
- Ca125
- Urine Examination Routine/ Microscopy
- ECG
- Xray Chest
- Viginal/ Cervical Cytology By Liquid Base Cytology
- HPV-DNA High Risk Cervical Sample
- Ultrasound Whole Abdomen And Pelvis

Thyroid plan

Rs. 5460/-

- CBC
- Free T3
- Free T4
- TSH
- Ultrasound Thyroid
- Thyroid Antibodies

Pmonary (chest) check up

Rs. 11560/-

- CBC
- Immunoglobulin. IGE
- Stool examination routine and microscopy
- BUN
- Serum Creatinine
- SGOT
- SGPT
- Xray PNS
- Total Cholesterol
- Thyroid Profile T3 T4 Tsh
- Spirometry-
- (Lung Function Tests)
- Urine Examination Routine/ Microscopy
- Xray Chest
- ECG
- Treadmill Test
- Echocardiogram With Doppler
- Glucose Fasting And PP

Bone And Joint Consultation.

Rs. 9740 Male And Rs 11070 In Females

- CBC
- Thyroid Profile T3 T4 Tsh
- Glycosylated Haemoglobine
- Calcium
- Phosphorus
- 25-oh Vitamin D Levels
- ALP
- Serum Fsh
- PTH Level
- Uric Acid
- CRP
- Anti CCP
- Rheumatoid Factor
- Anti Nuclear Antibodies- Female

Osteoporosis Plan

Rs 11880/-

- CBC
- Alkaline Phosphatase
- Anti CCP
- CRP.
- Calcium.
- Phosphorus
- 25oh Vitamin D Levels
- Dexa Three Site Bone Densitometry
- Vitamin B 12 Levels
- Uric Acid

Hypertension Profile

Rs 7680/-

- CBC With Erythrocyte Sedimentation Rate
- Glucose Fasting And PP.
- ECG.
- Lipid Profile.
- Ultrasound whole abdomen and pelvis.
- Echo with Doppler
- Renal Biochemical Profile Complete

Headache

Rs 6330/-

- Complete Blood Count.
- Glucose Fasting And Post Prandial.
- Blood Pressure.
- Vitamin B12.
- Renal Biochemical Profile-Basic
- Computerised Tomography Head Plain.
- TSH

Neuropathy Profile

Rs 7470/-

- Vitamin B 12.
- Glycosylated Haemoglobin.
- Renal Biochemical Profile Complete
- Liver Function Tests.
- Thyroid Profile T3 T4 TSH
- NCV / Nerve Conduction Studies.