

वरिष्ठ नागरिकों के लिए

मेल रू० 3130/- और फीमेल रू० 3590/-

Recommended for all above 60 years of age

- Total Systemic examination
- Complete Blood Count: Hb, TLC, DLC, RBC, PCV, Hct, MCH, MCHC, Platelets & ESR
- Blood Group and RH typing
- Blood sugar (fasting/pp)
- Blood urea
- Uric Acid
- S. Creatinine
- Urine routine examination
- ECG
- Screening X-ray chest
- Blood cholesterol
- Abdominal ultrasound (upper & lower)
- Prostate specific Antigen PSA (for Men) or pap smear (for Women)
- Eye & ENT check up
- Final assessment report

प्री – एम्प्लायमेंट चेक अप

रू० 920/-

Recommended for candidates seeing placements

- Blood sugar
- Urine routine examination
- X-Ray chest
- Complete Blood Count: Hb, TLC, DLC, RBC, PCV, Hct, MCH, MCHC, Platelets & ESR
- Final assessment report

विटामिन की जाँच

रू० 4470/-

- Vitamin B12
- Folic Acid
- Vitamin D

हेल्थ चेक अप आदमियों के लिए

रू० 15070/-

- Total Systemic examination
- Complete Blood Count: Hb, TLC, DLC, RBC, PCV, Hct, MCH, MCHC, Platelets & ESR
- Lipid Profile
- Blood Group and RH typing
- Blood sugar (fasting/pp)
- Blood urea
- S. Creatinine
- Uric Acid
- LFT
- X-ray chest
- ECG
- Echocardiography & TMT
- Urine examination (Routine)
- Abdominal ultrasound (upper & lower)
- Glycosylated haemoglobin (Hb A1 C)
- T3, T4, TSH
- Pulmonary function test (PFT)
- Prostate specific Antigen PSA
- Vitamin B12
- Stool Occult Blood
- Magnesium
- Folic Acid
- 25 on Vitamin D Levels
- Final assessment report
- 25 (oH)

कक्ष न० एफ-52, 53

टेलीफोन —:42251735, 42251752, 42251753

खाली पेट आँ

समय—:

सुबह 8.00 बजे से शाम 5.00 बजे तक

परीक्षण के पश्चात नाश्ता दिया जाएगा

रिपोर्ट अगले दिन दी जाएगी

शाम 3.00 बजे से 4.00 बजे तक

डॉ सोनिया रावत

डायरेक्टर, वरिष्ठ कंसलटेन्ट

डॉ कनिका चन्द्रा

असोसिएट कंसलटेन्ट



सर गंगाराम अस्पताल

सर गंगाराम अस्पताल मार्ग, राजेन्द्र नगर, नई दिल्ली-110 060 इंडिया

दूरभाष 91.11. 42251735, 42251752, 42251753

Website: www.sgrh.com

सारे पैकेज के साथ
आँख, कान, नाक, गला एवं
दाँतों की भी स्क्रीनिंग की जाएगी

सर गंगाराम अस्पताल

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जिन्दगी में रंग भर लीजिए

आपका स्वास्थ्य आप ही के हाथ

बीमारी को बीमार होने से पहले पकड़ें

अच्छा स्वास्थ्य जीवन का अर्थ है, स्वास्थ्य के बिना सब व्यर्थ है।

"प्रिवेन्टिव हैल्थ एंड
वैलनस डिपार्टमेन्ट"

हैल्थ चैक प्रोग्राम

"अच्छे स्वास्थ्य और खुशमय जीवन के लिए"

HEALTH CHECK PROGRAM HEALTH CHECK PROGRAM SCHEMES

रूटीन मेडिकल चेक अप. रु० 1740/-

- Total Systemic examination
- Complete Blood Count: TLC, DLC, RBC, PCV, Hct, MCH, MCHC, Platelets & ESR
- Blood Group and RH typing
- Blood sugar (fasting/pp)
- Blood cholesterol
- Blood urea
- S. Creatinine
- Urine routine examination
- ECG
- X-Ray chest
- Final assessment report

एक्सक्यूटिव हेल्थ चेक अप. रु० 5090/-

Recommended for all office Executives

- Total Systemic examination
- Complete Blood Count: Hb, TLC, DLC, RBC, PCV, Hct, MCH, MCHC, Platelets & ESR
- Blood Group and Rh typing
- Blood sugar (fasting/pp)
- Lipid profile
- Blood urea
- S. Creatinine
- ECG
- Uric Acid
- LFT
- X-Ray chest
- Urine routine examination
- TMT
- Final assessment report

काम्प्रीहेन्सिव कार्डिएक चेक (हृदय के लिए) रु० 6840/-

Recommended for those who have cardiac symptoms

- Examination
- Complete Blood Count: Hb, TLC, DLC, RBC, PCV, Hct, MCH, MCHC, Platelets & ESR
- Blood Group and Rh typing
- Blood sugar (fasting/pp)
- Lipid profile
- Blood urea
- S. Creatinine
- ECG
- Uric Acid
- LFT
- X-Ray chest
- Urine routine examination Color Doppler echo & TMT
- Abdominal ultrasound (upper & lower)
- Final assessment report

होल बॉडी चेक – मेल रु० 10310/-

होल बॉडी चेक – फीमेल रु० 12170/-

- Total systemic examination
- Complete Blood Count: Hb, TLC, DLC, RBC, PCV, Hct, MCH, MCHC, Platelets & ESR
- Lipid profile
- Blood Group and Rh typing
- Blood sugar (fasting/pp)
- Blood urea
- S. Creatinine
- ECG
- Uric Acid
- LFT
- X-Ray chest
- Echocardiography
- Treadmill Test
- Urine routine examination
- Abdominal ultrasound (upper & lower)
- Glycosylated haemoglobin (Hb A1 C)
- T3, T4, TSH
- Pulmonary function test (PFT)
- Prostate specific Antigen PSA (for Men) or pap smear and Mammography (for Women)
- Eye & ENT check up
- Final assessment report

मोटापे की जाँच रु० 10730/-

- Thyroid T3 T4 Tsh.
- CBC
- Usg Whole Abdomen. And Pelvis
- Renal Biochemical Profile-basic
- Uric Acid
- Lipid Profile
- Serum Lh Random.
- Serum Fsh Random.
- Serum Prolactin.
- Glucose Fasting And Pp.
- Glycosylated Haemoglobin
- Insulin Levels Fasting And PP
- C Peptide Test
- LFT
- Urine Routine And Microscopy

पॉलीसिस्टिक ओवरी/मासिक धर्म की अनियमितता रु० 9800/-

- CBC
- Dhea-s.
- Serum Prolactin.
- Glycosylated Haemoglobin. Hba1c
- Free Testosterone
- Total Testosterone
- T3 T4 Tsh
- Urine Routine And Microscopy
- Ultrasound Whole Abdomen and Pelvis.
- Lipid Profile.

इन्फेक्शन स्क्रीन मेल रु० 4210/- और फीमेल रु० 4420/-

- CBC
- Glucose Fasting And PP.
- Routine Culture And Sensitivity-
- Urethral In Males / Paps In Females
- Urine Routine
- HIV
- HBsAgAustralia antigen.
- Hepatitis C virus serology antibody test
- VDRL

मीनापोसल प्लान रु० 21630/-

- Serum FSH
- Total cholesterol
- Serum Oestradiol E2 Random
- T3 T4 TSH
- Calcium
- Phosphate
- CBC
- Glycosylated Haemoglobin (HbA1C)
- LBC
- CA125
- BMD
- LFT
- Renal Biochemical Profile Basic
- Treadmill Test
- Echocardiogram with Doppler
- Glucose Random
- Ultrasound Whole Abdomen And Pelvis
- Bilateral Mammography

हेल्थ चेक अप – महिलाओं के लिए रु० 11940/-

- CBC
- Glucose---Fasting and PP
- Urine routine examination
- Glycosylated Haemoglobin
- LIPID Profile
- RFT
- LFT
- Renal Biochemical Profile Complete
- T3 T4 TSH
- Ca125
- Urine Examination Routine/ Microscopy
- ECG
- Xray Chest
- Viginal/ Cervical Cytology By Liquid Base Cytology
- HPV-DNA High Risk Cervical Sample
- Ultrasound Whole Abdomen And Pelvis

थायरोयड प्लान रु० 5460/-

- CBC
- Free T3
- Free T4
- TSH
- Ultrasound Thyroid
- Thyroid Antibodies

फेफड़े की जाँच रु० 11560/-

- CBC
- Immunoglobulin. IGE
- Stool examination routine and microscopy
- BUN
- Serum Creatinine
- SGOT
- SGPT
- Xray PNS
- Total Cholesterol
- Thyroid Profile T3 T4 Tsh
- Spirometry-
- (Lung Function Tests)
- Urine Examination Routine/ Microscopy
- Xray Chest
- ECG
- Treadmill Test
- Echocardiogram With Doppler
- Glucose Fasting And PP

हड्डियों की जाँच रु० 9740 मेल और रु० 11070 फीमेल

- CBC
- Thyroid Profile T3 T4 Tsh
- Glycosylated Haemoglobine
- Calcium
- Phosphorus
- 25-oh Vitamin D Levels
- ALP
- Serum Fsh
- PTH Level
- Uric Acid
- CRP
- Anti CCP
- Rheumatoid Factor
- Anti Nuclear Antibodies-Female

कमजोर हड्डी (ओस्टीओपोरोसिस प्लान) रु० 11880/-

- CBC
- Alkaline Phosphatase
- Anti CCP
- CRP.
- Calcium.
- Phosphorus
- 25oH Vitamin D Levels
- Dexa Three Site Bone Densitometry
- Vitamin B 12 Levels
- Uric Acid

उच्च रक्तचाप प्लान रु० 7680/-

- CBC With Erythrocyte Sedimentation Rate
- Glucose Fasting And PP.
- ECG.
- Lipid Profile.
- Ultrasound whole abdomen and pelvis.
- Echo with Doppler
- Renal Biochemical Profile Complete

सिर दर्द रु० 6330/-

- Complete Blood Count.
- Glucose Fasting And Post Prandial.
- Blood Pressure.
- Vitamin B12.
- Renal Biochemical Profile-Basic
- Computerised Tomography Head Plain.
- TSH

न्यूरोपैथी प्लान रु० 7470/-

- Vitamin B 12.
- Glycosylated Haemoglobin.
- Renal Biochemical Profile Complete
- Liver Function Tests.
- Thyroid Profile T3 T4 TSH
- NCV / Nerve Conduction Studies.