HEALTH CHECK PROGRAM HEALTH CHECK

Rs. 1880/-

Routine Medical Check Up

- Total Systemic examination
- Complete Blood Count: TLC. DLC. RBC.PCV. Hct. MCH. MCHC. Platelets & ESR
- Blood group and RH typing
- Blood sugar (fasting/pp)
- Blood cholesterol

Executive Health Check Up

- Total Systemic examination
- Complete blood count: Hb, TLC. DLC. RBC. PCV. Hct. MCH. MCHC. Platelets and ESR
- Blood group and Rh typing
- Blood sugar (fasting/pp)
- Lipid profile
- Blood urea
- S.Creatinine

- Blood urea
- S. Creatinine
- Urine routine examination
- ECG
- X-Ray chest
- Final assessment report

Rs. 5500/-

- FCG
- Uric Acid
- IFT
- X-Ray chest
- Urine routine examination
- TMT
- Final assessment report

COMPREHENSIVE CARDIAC CHECK UP ____ Rs. 7400/-

- Total systemic examination
- Complete blood count: Hb. TLC. DLC. RBC. PCV. Hct. MCH, MCHC, Platelets and ESR
- Blood group and Rh typing
- Blood sugar (fasting/pp)
- Lipid profile
- Blood urea
- S. Creatinine

- ECG
- X-Ray chest
- Uric Acid
- I FT
- Urine routine examination echo & TMT
- Abdominal ultrasound (upper & lower)
- Final assessment report

WHOLE BODY CHECK UP MALE ___ Rs. 11150/-

- WHOLE BODY CHECK UP FEMALE Rs. 15140/-
- Complete blood count: DLC. & ESR Lipid profile
- Blood group and Rh typing
- Blood sugar (fasting/pp)
- Blood urea
- S. Creatinine
- Uric acid LFT
- X-Rav chest ECG

- Total systemic examination
 Echocardiography
 - Urine routine examination
 - Abdominal ultrasound (upper & lower)
 - Glycosylated haemoglobin (Hb A1 C)
 - T3, T4, TSH
 - Pulmonary function test (PFT)
 - Prostate specific Antigen PSA (for Men) or pap smear and Mammography (for Women)
 - Final assessment report

POLYCYSTIC OVARIAN SYNDROME/ **ACNE/IRREGULAR PERIODS.**

- CBC
- Dhea-s.
- Serum Prolactin.
- Glycosylated Haemoglobin.
- Hba1c.
- Free Testosterone
- Total Testosterone.
- T3 T4 Tsh.
- Urine Routine And Microscopy.
 - Ultrasound Whole Abdomen and Pelvis.

Rs. 10600/-

Lipid Profile.

Screening for obesity

Rs. 11610/-

- Thyroid T3 T4 Tsh.
- CBC
- Usa Whole Abdomen, And Pelvis.
- RFT
 - Uric Acid.
 - Lipid Profile.

Serum Lh Random.

MENOPAUSAL PLAN.

- Serum FSH
 - Total cholesterol
- Serum Oestradiol E2 Random
- T3 T4 TSH Calcium
- Phosphate
- CBC
- Glycosylated Haemoglobin (HbA1C)
- LBC

- Serum Fsh. Random .
- Serum Prolactin. Glucose Fasting And Pp.
- Glycosylated Haemoglobin.
- Insulin Levels Fasting And PP.
- C Peptide Test.
- LFT
- Urine Routine And Microscopy.

- Ca125
- BMD

- Basic
- Echocardiogram With Doppler
- Ultrasound Whole Abdomen
- Bilateral Mammography

HEALTH CHECKS FOR WOMEN

- CBC
- Glucose--- Fasting and PP
- Glycosylated Haemoglobin
- LIPID Profile
- RFT LFT
- T3 T4 TSH Ca125
- ECG

THYROID PLAN

- CBC
- Free T3
- Free T4

- **PULMONARY CHECK UP**
- CBC Immunoglobulin.IGE
- Stool examination routine and microscopy
- BUN
- Serum Creatinine
- SGOT SGPT
- Xray Pns
- Total Cholesterol
- CBC With Ervthrocvte
- Glucose Fasting And PP. ECG.

- Sample
- And Pelvis

Rs. 5900/-

- TSH
- Thyroid Antibodies

- Thyroid Profile T3 T4 Tsh
- Spirometry-
- Urine Examination Routine/

- Treadmill Test
- Echocardiogram Glucose Fasting And PP

HYPERTENSION PROFILE Rs. 8300/-

- Sedimentation Rate.
- Lipid Profile.

Rs. 23390/-

- LFT
- Renal Biochemical Profile
- Treadmill Test
- Glucose Random
- And Pelvis

Rs. 12920/-

- Microscopy
- Xray Chest Vaginal/ Cervical Cytology By Ligiod Base Cytology

Urine Examination Routine/

- HPV-DNA High Risk Cervical
- Ultrasound Whole Abdomen

- Ultrasound Thyroid

Rs. 12500/-

- Lung Function Tests
- Microscopy
- Xray Chest ECG

- Ultrasound whole abdomen and pelvis. Echo with Doppler
- RFT

BONE AND JOINT CONSULTATION.

RS 10540 MALES AND RS 11970 IN FEMALES

CBC

PROGRAM

- Thyroid Profile T3 T4 Tsh
- Glvcosvlated Haemoglobin
- Calcium
- Phosphorus
- 25-oh Vitamin D Levels
- ALP

- Serum Fsh
- PTH Level Uric Acid
- CRP
- Anti CCP
- Rheumatoid Factor

SCHEMES

Anti Nuclear Antibodies- Female

OSTEOPOROSIS PLAN Rs. 12840/-

Phosphorus

- CBC. Alkaline Phosphatase
- Anti CCP
- CRP.
- Calcium.

HEADACHE

- Complete Blood Count. Glucose Fasting And
- Post Prandial.
- TSH Blood Pressure. Vitamin B12.

NEUROPATHY PROFILE

Studies.

- Vitamin B 12.
- Glycosylated Haemoglobin. Renal Biochemical Profile-
- Complete.

SENIOR CITIZEN

- Male 3390/- and Rs 3880/- Females
- Recommended for all above 60 years of age Total systemic examination
- Complete blood count: Hb, TLC, DLC, RBC, PCV, Hct, MCH. MCHC. Platelets and ESR
- Blood group and Rh typing Blood sugar (fasting/pp)
- Blood urea Uric Acid
- S. Creatinine Urine routine examination

- Urine examination
- Blood cholesterol
- Prostate specific Antigen PSA (for Men) or pap
- smear (for Women)
- Final assessment report

Rs. 1000/-PRE-EMPLOYMENT CHECK UP

Blood sugar

FCG

- Urine routine examination
- X-Rav chest

Hb. TLC. DLC. RBC. PCV, Hct, MCH, MCHC, Platelets & ESR

 Dexa Three Site Bone Densitometry. Vitamin B 12 Levels. Uric acid

25oH Vitamin D Levels.

Rs. 6850/-

Computerised Tomography

Head Plain.

RFT

- Rs. 8080/-
- Liver Function Tests. Thyroid Profile T3 T4 Tsh. NCV / Nerve Conduction

- - Abdominal ultrasound (upper & lower)
 - X-ray chest

■ Complete blood count:

- - Final assessment report